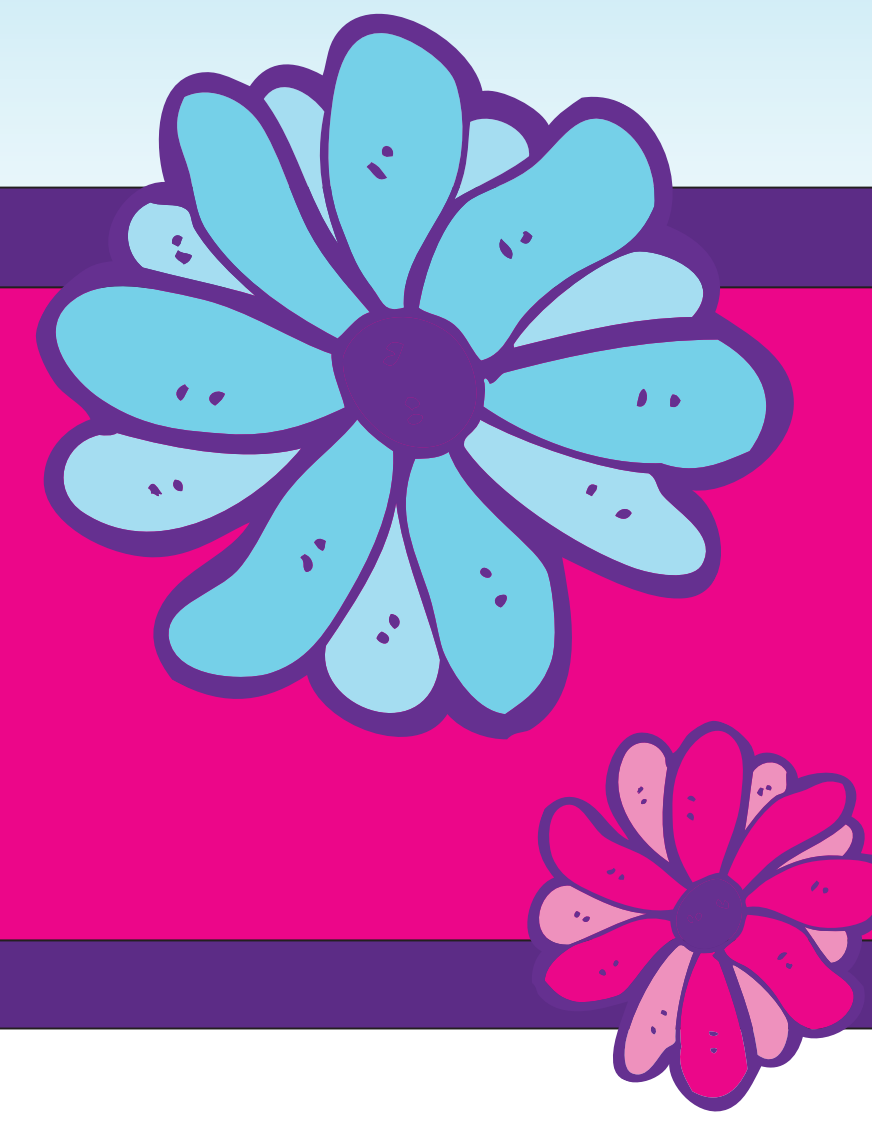


CHECK FOR A LUMP



TOGETHER WE ARE MAKING A DIFFERENCE!

OUR VISION IS TO MAKE A DIFFERENCE IN THE FIGHT AGAINST BREAST CANCER!

OUR MISSION IS TO PROVIDE FREE BREAST HEALTH EDUCATION AND DIRECT ASSISTANCE WITH NEW WIGS, MAMMOGRAMS AND DIAGNOSTIC TESTING IN ARIZONA.

FREE WIG PROGRAM

Our **WIG OUT** program is extremely innovative! It is different from every other wig program in our state. Others operate as a wig bank with limited choices on hand. Our program is not a wig bank. Our clients have the privilege of walking into a normal wig shop and selecting any wig of her choice so she too can look just like herself and we pay the bill, up to **\$250**.



WITH YOUR SUPPORT, WE HAVE PROVIDED
**OVER 1,840
FREE WIGS!**
SINCE OUR INCEPTION

FREE MAMMOGRAMS



"I just had my 1st mammogram. It was so easy and so fast! Check for a Lump makes it so easy to get **FREE** onsite mammography. I encourage all women who are out there nervous – just do it! It is a lot easier than you think it is."

Our **FREE MAMMOGRAM PROGRAM** assists uninsured and underinsured women with life-saving screenings in Arizona. If the mammogram results detect anything suspicious and follow up tests are recommended we will also pay for these services including diagnostic mammogram, ultrasound, biopsy, and pathology.

If a woman is then diagnosed with breast cancer, we will direct her to additional resources that may be able to assist her with services and treatment.

"I just did my mammogram at the mobile unit at The Mint Dispensary. Everyone should get their annual exam. Very simple! Very easy! Get it done!"



FREE EDUCATION PROGRAMS

Our education program brings awareness to the facts regarding breast cancer and promotes early detection in order to help save lives. If breast cancer is detected in the early stages women have close to 100% chance of surviving. We provide invaluable prevention tips to lower the risk of breast cancer and overall incidence.

We provide our education through...

- FREE MAGAZINES
- WELLNESS WORKSHOPS
- HEALTH FAIRS
- COMMUNITY EVENTS
- SOCIAL MEDIA
- MONTHLY NEWSLETTERS

STEP UP TO PREVENTION



SUPPORT PROGRAMS



SUPER SURVIVORS

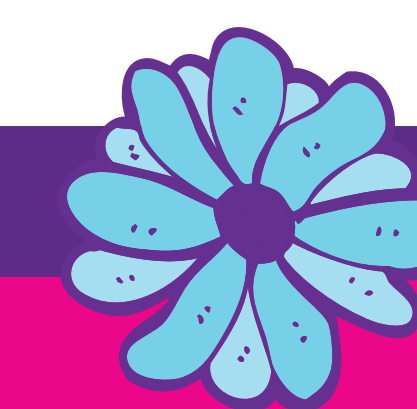
Supporting breast cancer patients, survivors, and their caregivers by hosting free **Super Survivors Unite** gatherings. We meet live and/or virtually the second Thursday of every month for a super fun, free activity to facilitate connections with fellow survivors, provide resources, and support.

SUPER SURVIVOR KIT

For years our Check for a Lump team has been passionate about teaching women the importance of clean non-toxic products.

We have personally tested many simple homemade recipes to share, and communicated these lessons in our educational magazine, at wellness workshops, and at our Super Survivor Support Group.

Now, we are thrilled to announce our newest tier of support, which comes wrapped in an adorable tote, called our **Super Survivor Kit!**



FOR MORE INFORMATION ON ANY OF OUR PROGRAMS...
GO TO CHECKFORALUMP.ORG

